

Ohio River Foundation
Great Ohio River Paddle
Gear Checklist

On the Water

- Kayak Footwear: (neoprene booties are recommended, Texas, sandals or sneakers not suggested due to potential fouling with pedals)
- Canoe Footwear: No Hiking Boots
- PFD type III (Coast Guard certified Personal Floatation Device **MUST** be worn and fastened at all times on the water)
- Spray deck/skirt (kayaks)
- Paddle float (kayaks)
- Paddles — 2 per person (1 breakdown)
- Drinking Water container/Bladder (i.e., Camelback)
- Pump/Bailer
- Horn/Whistle
- Tow rope @min. 30' line (Guides only)
- Paddle jacket or rain jacket (must fit under pfd)
- Fleece shirt or sweater
- Spare top & bottom (no cotton) in waterproof bag

For Camping

- Cash for souvenirs and emergency purposes
- Tent (1-2 person)
- Sleeping bag/bedroll
- Pad
- Cup

Recommended/Optional

- Cell phone
- Sponge
- Paddle/bike gloves
- Bandana
- Swimsuit
- Boots/sneakers/hard soled walking shoes
- Pack Towel
- Sun Screen or Block
- Insect repellent
- Safety strap for prescription glasses

- Personal first aid kit w/ instructions (including moleskin)
- Medication (with note explaining usage etc. for our emergency info)
- ID/emergency contact info, w/phone #
- Health insurance card
- Light sticks — or navigation lights
- Matches - waterproof or in waterproof container
- Flashlight
- Knife or Leatherman type tool
- Toilet paper/trowel
- Painters — for canoes
- Compass (guides)
- Ohio River chart (guides)
- Wide brim hat or hat with bill
- Sunglasses (recommend polarized)

- Bowl
- Eating utensils
- Extra Clothing (not cotton)
- Toiletry kit

- Tarp
- Duct tape
- Camera/film
- Binoculars
- Field guide
- Notebook/Sketchbook/pencil
- Recommended reading: River Horse, The Journals of Lewis and Clark Expedition, Ohio River Foundation website information